

# Iowa Able Run 5k

## Overall Male Runner

Place	Bib #	Name	Time	Type	City
1.	515	Garett Sillanpaa	00:20:02.74	5K	Kenosha
2.	564	Aj Pollard	00:20:48.54	5K	

## Overall Female Runner

Place	Bib #	Name	Time	Type	City
1.	553	Natalie Cue	00:22:11.24	5K	Des Moines
2.	557	Dana Schmitt	00:23:06.18	5K	Ames

## Female 20 - 30

Place	Bib #	Name	Time	Type	City
1.	513	Olivia Hall	00:25:50.47	5K	Ames
2.	529	Jennifer Chmielowski	00:27:05.67	5K	Ames

## Male 20 - 30

Place	Bib #	Name	Time	Type	City
1.	519	Brenden Patterson	00:24:29.22	5K	Ames
2.	512	Trevor Thompson	00:26:47.70	5K	Ames

## Female 31 - 40

Place	Bib #	Name	Time	Type	City
1.	553	Natalie Cue	00:22:11.24	5K	Des Moines
2.	555	Ann Shannon	00:23:59.82	5K	Grimes

## Male 31 - 40

Place	Bib #	Name	Time	Type	City
1.	564	Aj Pollard	00:20:48.54	5K	
2.	533	Wade Nasheim	00:21:11.22	5K	Ames

## Female 41 - 50

Place	Bib #	Name	Time	Type	City
1.	557	Dana Schmitt	00:23:06.18	5K	Ames
2.	518	Anna Magnusson	00:28:45.09	5K	Des Moines

## Male 41 - 50

Place	Bib #	Name	Time	Type	City
1.	546	Ken Wiley	00:27:46.95	5K	Ankeny
2.	566	Troy Mcdonough	00:29:36.68	5K	

## Female 51 - 60

Place	Bib #	Name	Time	Type	City
1.	554	Shelly Perkins	00:28:09.37	5K	Des Moines
2.	504	Ann Rasmussen	00:35:42.17	5K	Ames

## Male 51 - 60

Place	Bib #	Name	Time	Type	City
1.	515	Garett Sillanpaa	00:20:02.74	5K	Kenosha
2.	547	Jim Wieland	00:27:47.02	5K	Ames

## Female 61 - 120

Place	Bib #	Name	Time	Type	City
1.	502	Catherine Bazylinski	00:47:42.41	5K	Ames

## Male 61 - 120

Place	Bib #	Name	Time	Type	City
1.	530	Dennis Loxterman	00:37:37.49	5K	Johnston
2.	569	Larry Koshrsen	00:43:16.13	5K	